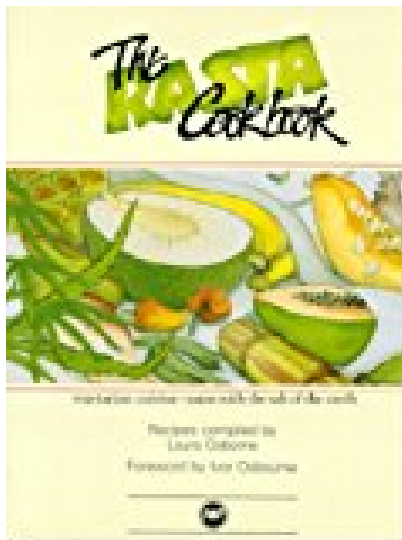


The Rasta Cookbook Vegetarian Cuisine Eaten With the Salt of the Earth Recipes



BOOK DETAILS

- Author :
- Pages : 132 Pages
- Publisher : Africa World Pr
- Language : English
- ISBN : 0865431337

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BOOK SYNOPSIS

Its hard to find a nation that dances to a friendlier, more laid-back tempo than Dominica. The island rises majestically out of a turquoise-blue sea and provides a visually stunning backdrop to an easy-going way of life. You wont find your typical Caribbean beach vacation here, but what you will find is a country that begs you to discover and engage with its people, land and rich culture. With its soaring green mountains, colorful reefs, hidden beaches, natural hot springs, towering waterfalls, and pristine rivers, Dominicas rugged good looks will make you weak in the knees. With candid reviews of restaurants and hotels plus itineraries and advice for the lone adventurer or the whole family, this guide wont leave you wondering what to do next. Take advantage of the practical tips for traveling on a budget and off the beaten tourist path with all of the maps youll need for hiking, driving, or exploring on foot or by bus. Included in this book is a first-of-its-kind comprehensive hiking guide featuring the newly developed Waitukubuli National Trail. With first-hand knowledge, cultural insights, and personal recommendations, this book is your key to the real Dominica.

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