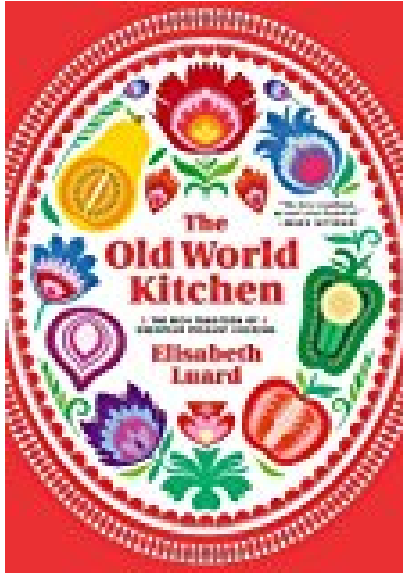


The Old World Kitchen The Rich Tradition of European Peasant Cooking



BOOK DETAILS

- Author : Elisabeth Luard
- Pages : 560 Pages
- Publisher : Melville House
- Language : English
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BOOK SYNOPSIS

"The best cookbook no ones ever heard of." —MARK BITTMAN "Through her eloquent writing and delicious recipes, Elizabeth Luard is able to bring us back in touch with the sources of real nourishment. This is a wonderful, inspiring and important book." —ALICE WATERS, founder and owner of Chez Panisse and the author of *The Art of Simple Food* A classic on the essentials of European cooking Award-winning food writer Elisabeth Luard joyously salutes the foundations of modern Western cooking with recipes collected during more than twenty-five years of travel and research, many of them spent living in rural France, Spain, Greece, Ireland, and Italy. This definitive collection of over three hundred time-tested recipes from twenty-five European countries is an indispensable guide to the simple, delicious, and surprisingly exotic dishes of peasant Europe. From the Hardcover edition.

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