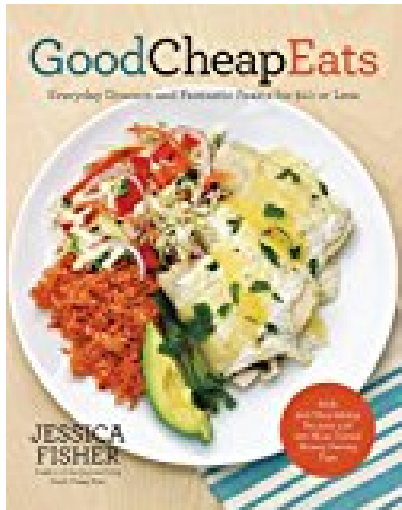


Good Cheap Eats Everyday Dinners and Fantastic Feasts for \$10 or Less



BOOK DETAILS

- Author : Jessica Fisher
- Pages : 336 Pages
- Publisher : Harvard Common Press
- Language : English
- ISBN : 1558328432

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BOOK SYNOPSIS

In over 200 recipes, Jessica offers a delicious alternative to fast food, takeout pizza, or over-processed foods from the supermarket with nourishing, from-scratch meals that don't break the bank or take hours to cook. Those recipes are organized into 70 multi-course dinners—main dishes, sides, and add-ons such as soup, bread, or dessert—including: Simple Bean Tostadas, Chunky Tomato Salsa, Lemon Pie with Honey-Ginger Ice Cream Chicken Kabobs with Mint-Yogurt Sauce, Curried Couscous, Greek Spinach Salad Asian Chicken Salad with Rice Noodles, Ginger-Orange Crisp Beef Potpie with Flaky Cheddar Crust, Winter Greens and Citrus Salad Cajun Shrimp and Sausage Rice, Buttery Dill Carrots, Banana-Walnut Mini Muffins Each dinner feeds a family of four for ten dollars—a little more for larger families, a little less for smaller ones and singles. The menus are just suggestions, and readers can mix-and-match any of the tasty 200-plus recipes as they like. In more than 100 tips scattered through the book, Jessica distills her hard-won wisdom into a wealth of ideas for how to be a penny-wise shopper, how to find good cuts of meat that are cheap, how to reduce waste and maximize leftovers, and more. Never before has living so affordably meant living so well.

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